



Open courses PM

Open Courses

Available on Friday May 19 and Saturday May 20. Start and finish are broken out from the arena and the courses are located in a terrain area which is separate from the Tiomila competition area but it is still close.

Registration

Registration is done in conjunction to the info centre at the arena.

Opening hours arena registration

Friday From 13.00 - 18.45
Saturday From 09.00 - 18.45

Registration fee arena

D/H – 16: 80 SEK
D/H 17 -: 175 SEK
Rental of SI-card: 50 SEK
Unreturned SI-card 500 SEK

Runners representing Swedish clubs are invoiced after the event. Runners not representing Swedish clubs pay the fees using Credit or bank card at the arena.

Start

Distance from the arena to the start is 1200 meters. The map is handed out where registration and read-out for open courses are administered at the arena, in conjunction with the info centre.

Friday From 14.00 - 19.00
Saturday From 10.00 - 19.00

The start is unmanned.

Starting Method

Starting punch.

Punching system

SportIdent. An SI-card may be used only once per day. SI-cards used in one of the relays may also be used.

Control descriptions

Control descriptions are only printed on the map. There are no separate control descriptions available.

Finish/Read-out

Finish closes:

Friday at 21.00
Saturday at 21.00

The finish is unmanned.

Read-out after finish is made at the arena in conjunction to the **Info centre**. Everyone who has registered and start punched must read-out their SI-cards at the read-out station.

Map

- Map with scale is 1:7 500 except for course "Difficult-3" which has scale 1:10 000.
- Contour interval is 5 meters.
- Map size: A4 (all courses)



Courses

Course	Length	Level
Very easy	2.1 km	White
Easy	2.4 km	Yellow
Intermediate	2.8 km	Orange
Difficult-1	3.0 km	Blue
Difficult-2	5.2 km	Black
Difficul-3	6.7 km	Black

Terrain description

The courses run in a separate terrain area within walking distance of the arena. The area is located next to the competition area. Is limited in size and has the character of a neighborhood. Rich network of paths, moderate hilliness with parts rich in detail.

Results

Friday: Eventor and Live results

<https://liveresultat.orientering.se/followfull.php?comp=26158>

Saturday: Eventor and Live results

<https://liveresultat.orientering.se/followfull.php?comp=26160>

Toilets

Toilets are not available at the start/finish for open courses but only at the arena.

Showers

Showers are available only on Saturday from 10.00. See arena map.

First aid

First aid is available at the arena Saturday from 09.00.

Course setter

Martin Lundmark

Information

Martin Lundmark, Course Setter, 072-5317433

Ola Mannberg, Race Director, 070-2685594

