Training PM
Ölmstad

TRAINING PACKAGE #2

Active	Controls are out 1 March –30 April 2026 (except for times when hunting goes on in the area, to be updated).
Courses	1) Long distance 9.4 km. Forked courses, 8 options. Map turn after 8 controls. 2) Long distance 7.5 km 3) Long distance 5.6 km
Controls	Marked with a reflective stake and orange/white tape labelled "10MILA 2026" and control code.
Livelox	Courses available on Livelox (password printed on map).
Map	Drevseryd & TosseHall. Scale 1:10 000 Contour interval 5 m Drawn 2023 by Håkan Öhlund, revised 2025 by club members.
Map owner	Grännabygdens OK
Terrain description:	Moderately to steeply undulating terrain with a stony forest floor. Numerous clearings and areas of dense vegetation.
Directions	TosseHall approx 1 km south of Bunngården and 7 km east of Ölmstad. Parking space for approx 50 cars.
Start & finish	By TosseHall.
Shower	Available at Ölmstad sports ground.
Course setter	Jan-Olof Nyberg janyb51@outlook.com 0737–183044

To order the training package, please fill in the form on our website https://tiomila.se/en/2026/training/

For questions regarding your order, send an email to traning2026@10mila.se or call +46 73 838 56 20.

As the person placing the order, please provide the following details: **Your club**, **Name**, **Email address** to which the map file should be sent, **Billing address** including an email address for invoicing, The **number of copies** of each map you plan to print.

We charge **SEK 80** per planned printout. Once order is received, we will send the map(s) as PDF files by email, together with the course information (PM).

Please also specify the dates and times you intend to use the courses. If your plans change after you have ordered the maps, you must inform us via traning2026@10mila.se.
This applies to both the number of printouts and the planned time of use.

10 MILA 2026 TRANÅS 2–3 MAJ

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