



Training PM

Åsbo Boxholm

TRAINING PACKAGE #6



Active	Controls are out 13 March –30 April 2026
Courses	OL intervals. 4x2 km in two loops starting from parking lot. Orange course.
Controls	Small flags with reflective stake and control code.
Livelox	Courses available on Livelox (password printed on map)
Map	Åsbo (Boxholm), Scale 1:10 000 Contour interval 5 m. (Orange course scale 1:7 500) Older map drawn by members of Boxholms OK. Revised 2026 according to ISOM 2017-2.
Map owner	Boxholms OK
Terräng-	Moderately undulating woodland, predominantly coniferous forest.
Vägvisning	From Route 32 N Boxholm, turn East towards Strålsnäs and drive to Åsbo Church. Opposite of Åsbo School, turn right onto Skytthemsvägen. Keep going straight almost 3 km to parking lot.
Parking:	By log landing . Coordinates (WGS84 DDM) N 58° 13.2545', E 15° 6.5730'
Start/Finish:	300 m from parking lot.
Course setter:	Henrik Tengvall.
Information	Johan Knutsson, 014274134@telia.com +46 703 41 88 29

To order the training package, please fill in the form on our website <https://tiomila.se/en/2026/training/>

For questions regarding your order, send an email to traning2026@10mila.se or call +46 73 838 56 20.

As the person placing the order, please provide the following details: **Your club, Name, Email address** to which the map file should be sent, **Billing address** including an email address for invoicing, The **number of copies** of each map you plan to print.

We charge **SEK 80** per planned printout. Once order is received, we will send the map(s) as PDF files by email, together with the course information (PM).

Please also specify the dates and times you intend to use the courses. If your plans change after you have ordered the maps, you must inform us via traning2026@10mila.se. This applies to both the number of printouts and the planned time of use.