

10MILA VÄSTERVIK



BULLETIN #2 - INVITATION



1-2 May 2027

50 YEARS OF THE WOMEN'S RELAY
MEET THE COURSE SETTERS
THE WHOLE CLUB IS COMING ALONG



A FESTIVAL FOR EVERYONE

A SPORTING CLASSIC

A SUMMER DESTINATION

AN ORIENTEERING CHALLENGE



VÄSTERVIK
The archipelago city in Småland.

Organiser



Welcome to **VÄSTERVIK**

Archipelago adventures, nature & town life

Welcome to Västervik, where the forests of Småland meet one of Sweden's most beautiful archipelagos. Enjoy peaceful moments in nature, salty sea breezes among islands and skerries, vibrant town life and dining by the water. Here, everything is close at hand – making it easy to experience more during your stay.

More tips!
vastervik.com



TJUST ARCHIPELAGO

With more than 5,000 islands, islets and skerries, the Västervik archipelago offers endless opportunities for both peaceful escapes and outdoor adventures. Hop aboard an archipelago ferry to Idö or Hasselö, join a guided tour, explore by kayak or set out in your own boat.

Prefer to stay on land? Follow the coast by car and discover scenic viewpoints, quiet coves and sheltered spots for a swim along the way.

EVENTS

There is always something happening in Västervik, from live music and summer concerts to festivals and family-friendly activities. Whatever time of year you visit, there are plenty of ways to add something extra to your stay. Check the events calendar at vastervik.com/evenemang to see what's on!

TOWN LIFE

In the heart of Västervik, cobbled streets, independent shops and a lively town square are all just a short stroll from the waterfront. Browse local design, homeware and fashion, stop for a coffee or soak up the atmosphere around the harbour. Everything is close at hand, making it easy to wander, explore and discover your own favourite spots.

WALK THROUGH HISTORY

Step back in time along the Bronze Age Coast (Bronsålderskusten), stretching between Västervik, Gamleby and Lofta. This remarkable landscape is home to one of northern Europe's largest concentrations of rock carvings, along with thousands of archaeological remains from the Bronze Age. Discover ancient traces at Hermanstorp or follow the walking trail in Lofta, where history is never far away. Pick up a walking brochure at the tourist information office or visit vastervik.com for more routes and inspiration.

WELCOME TO 10MILA 2027!

The anniversary edition in Västervik

There will be a double celebration when the 80th edition of the 10MILA Relay coincides with the 50th anniversary of the Women's Relay — a milestone well worth celebrating as Västervik hosts 10MILA 2027.

We invite you to a compact forest arena with a great atmosphere, short walking distances and challenging courses right on the doorstep of the start and finish. With all the excitement and tension of the competition, we aim to offer the very best of 10MILA: a race where every control can be decisive and the combined strength of the whole team is put to the test.



The arena

Horns gård, on Hornslandet peninsula just southeast of central Västervik, has roots stretching back to the 14th century. Towards the end of that century, the estate was referred to as Kilmare Horn, when Bo Jonsson Grip took possession of Horns Udde and established a grand estate. More recently, the farm and surrounding land were home to AB Hornline and Bruno Bengtsson's legendary stud farm, which successfully bred harness racing horses in the 1980s and 1990s, led by the stallion Lindy's Crown.



The competition area

The competition area is on the outskirts of the city, but despite its proximity to the centre, this will be a classic 10MILA, with the arena right beside the forest. The setting offers excellent opportunities for courses in exciting terrain all the way from the start point to the finish line.



The terrain

Expect beautiful, open forest with good runnability and demanding navigation — but do not let it lull you into a false sense of security. Where the forest becomes denser and visibility decreases, the difficulty increases, and the risk of a mistake is not always obvious. Stay alert! The closer the controls are to the coastline, the more demanding the terrain becomes, both technically and physically.

Welcome to the wilderness of Småland!

50 YEARS OF THE WOMEN'S RELAY

FROM 2-MILA IN 1977 TO SEVEN LEGS AND NIGHT ORIENTEERING IN 2027

Ulla ran the first edition in 1977 — now she is aiming for the anniversary



Löpare på sträcka 3 i första upplagan av damkavlen. Foto: Keith Samuelson

In 1977, 13-year-old Ulla Molin took part in the first-ever 10MILA Women's Relay. When the relay celebrates its 50th anniversary in Västervik in 2027, she hopes to run again. Meanwhile, the Women's Relay is taking its next step — with seven legs and more night orienteering.

In 1977, a new chapter was written in 10MILA's history. After more than 30 years of the men's event, women were given a relay of their own. No fewer than 296 teams came to the first edition, which was called 2-mila and consisted of five legs. The historic winners were Gävle OK, with Ingrid Wiklander, Ingmarie Åsenlund, Åsa Kindlundh, Annika Edberg and Eva Moberg.

Among the participants was Ulla Molin. She was 13, had only been orienteering for about a year and barely knew what 10MILA was. But she understood that taking part was a big deal.

Ulla recalls being small compared to the others and running a short leg that was not particularly difficult. As she was not in the first team, she felt no pressure. She did not give much thought to the first edition being a milestone for women in orienteering. For Ulla, the experience was mainly about being part of the team.

"I don't remember being nervous. I was quite proud that little me got to run with the older ones. I think it went well for me and that they thought I'd done a good job."

Since then, Ulla has run many editions of 2-mila and 10MILA. She believes her most recent appearance was in Nynäshamn in 2018, when she ran the first leg. She fell a long way behind straight away and felt that age was beginning to take its toll.



Det blir tre nattsträckor 2027



Växling 1977. Foto: Keith Samuelson

The idea of running again has stayed with her, but the long journeys to the event have been one reason it has not happened. A conversation with clubmates after training a couple of years ago gave the idea of a return fresh momentum.

"I realised that none of the others had been there in 1977. That was when I thought it would be fun to aim to take part in 2027."

She would return to a Women's Relay that has changed considerably since its first edition. A major step came when the relay was extended to six legs and night orienteering became part of the event.

Seven legs in 2027

At 10MILA 2027 in Västervik, there will be seven legs. The new leg will be another night leg. Fifty years after the first edition, with five runners in each team, the women will have a bigger share of the 10MILA night. Ulla hopes there will also be a leg that suits her.

"Ideally, I'd like the legs to be as short as they were back then, or at least one of them."

What appeals most is the chance to take part again half a century later.

"It would be a fun thing to do. Pretty cool."

She also hopes to see more runners from the first edition return.

"It would be fun to see who else has done it, because there must be quite a few who ran back then and are still active."

The 50th anniversary celebrates both the development of the Women's Relay and all the runners who have shaped its history. For Ulla Molin, the hope is to take part once again — 50 years after the day when, as a 13-year-old, she was proud to run with the older ones.

INVITATION TO 10MILA 2027

RELAY LEGS AND TIMETABLE

Youth Relay — 1 May

- Start 14:30
Expected finish: approximately 16:10
- Youth runners up to and including the W16/M16 age categories may take part.
 - At least two legs must be run entirely by girls: all runners on those legs must be girls.
 - On legs 2 and 3, two runners may run in parallel.
- The first runner to reach the changeover sends out the runner or runners on the next leg.
- Leg 4 must be run by a girl.

Str.	Banlängd	Löptid	Gaffling	Svårighet
1	3.8 km	25 min	Yes	Orange
2	3.8 km	25 min	Yes	Orange
3	2.6 km	19 min	No	Yellow
4	4.2 km	31 min	Yes	Orange

10MILA Relay — 1–2 May

- Start: 17:30
Chasing start: 23:00
Expected finish: 05:54

Str.	Banlängd	Löptid	Gaffling	Övrigt
1	10.2 km	56 min	Yes	Day
2	10.2 km	56 min	Yes	Day
3	10.2 km	56 min	Yes	Day
4	7.0 km	43 min	Yes	Night / chasing start
5	7.0 km	43 min	Yes	Night
6	14.5 km	90 min	No	Night
7	10.0 km	62 min	Yes	Night
8	10.0 km	62 min	Yes	Night
9	7.4 km	40 min	Yes	Dawn
10	13.5 km	74 min	Yes	Day

Damkavlen 1-2 maj

- Start: 21:10
Chasing start: 05:45
Expected finish: 09:17

Str.	Banlängd	Löptid	Gaffling	Övrigt
1	6.7 km	49 min	Yes	Night
2	6.7 km	49 min	Yes	Night
3	4.7 km	34 min	Yes	Night
4	11.0 km	72 min	No	Day / chasing start
5	7.5 km	49 min	Yes	Day
6	5.5 km	36 min	Yes	Day
7	8.5 km	55 min	Yes	Day



This invitation is provisional

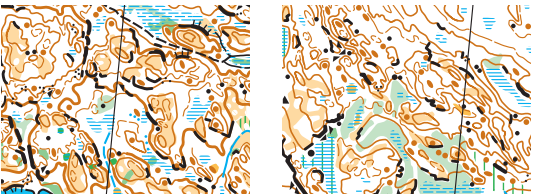
Course lengths and times for all relays are provisional and may be adjusted.
Bulletin #3 will include a final, detailed timetable covering the entire 10MILA weekend.

INVITATION TO 10MILA 2027

MAP - STAFETTLIGAN - OPEN COURSES / MODEL EVENT

MAP

- Scale: 1:10,000 for the Men's Relay and Women's Relay.
Scale: 1:7,500 for the Youth Relay.
Contour interval: 5 metres.
The map was drawn in 2025–2026 by Håkan Öhlund.



Daylight hours

- Sunset: 20:39 on Saturday 1 May.
Sunrise: 04:58 on Sunday 2 May.



Taking part in more than one relay

- Girls who have run the Youth Relay may also take part in the Women's Relay and the Men's Relay.
- Boys who have run the Youth Relay may also take part in the Men's Relay.
- Women who have run the Women's Relay may also take part in the Men's Relay.
- Women may not run the Men's Relay first and then the Women's Relay.
- Runners may not take part more than once in the same relay.

Combined teams and runner bank

Combined teams are permitted under the Swedish Orienteering Federation's competition rules. A runner and team matching service will be available at www.tiomila.se, where runners, teams and clubs can register their interest.

Stafettligan 2027

The Men's Relay and Women's Relay form round three of seven in the Swedish Relay League (Stafettligan).

Program for the Stafettligan 2027:

1. Växjö, Småland - 3 april
2. Stigtomtakavlen, Södermanland - 17-18 april
3. 10MILA, Småland - 1-2 maj
4. Stora Tuna, Dalarna - 6 maj
5. SM, Sprintstafett, Östergötland - 23 maj
6. SM, Stafett, Skåne - 5 september
7. Final i Stafettligan, Småland - 24 oktober



Previous map and events in the area

- Junior World Championships selection races, 2023
- Swedish Ultralong Distance Championships, 2021
- Skogsport Cup 1997

A previous map is available on Eventor and LiveIox.

Open courses

Open courses and a model event (controls to visit freely, without timing) will be offered during the competition weekend. The courses will be in a separate area immediately adjacent to the competition terrain and arena.

The scale is 1:7,500 for all courses except the model event, which uses 1:10,000. The contour interval is 5 metres.

The map was drawn during the same period and by the same mapper as the 10MILA competition map. The terrain is highly representative of what runners will encounter at 10MILA.

Enter via Eventor or on site. The model event can also be ordered through the training packages page

INVITATION TO 10MILA 2027

ENTRIES - FEES - EVENT MANAGEMENT - CONTACT

Entries and fees

Entries and bookings opens 1 November in Eventor. The deadline for regular entries is 1 March. Late entries are then possible, with deadlines of 4 April and 28 April respectively. Entries and bookings are registered once the organiser has received the relevant payment. Questions about payments and invoices should be e-mailed to ekonomi2027@10mila.se.

Entry fees 2027			
All fees are in SEK	Entry by 1 March	Entry by 4 April	Entry by 28 April
Youth Relay	700	700	1 050
Women's Relay	4 270	5 340	6 400
Men's Relay	6 100	7 625	9 150

Additional fees and fees for later bookings			
All fees are in SEK	Booking by 1 March	Booking by 4 April	Entry by 28 April
SIAC hire	75	75	75
Club shelter pitch	650	975	975
Club tent, 5x5m without flooring	6 400	7 200	-
Club tent, 5x5m with flooring	10 400	11 200	-
Table and bench set, seats 8	600	750	-
Gas heater, including gas cylinder	2 700	3 000	-
Additional gas	Price to be announced		

Accommodation fees and fees for later bookings			
All fees are in SEK	Booking by 1 March	Booking by 4 April	Entry by 28 April
Tent pitch, 5x5m, own tent, one night	500	625	750
Caravan or motorhome pitch, one night	500	625	750
Tent, caravan or motorhome, extra night	100	100	100
Indoor hard floor, per person, one night	375	450	500
Indoor hard floor extra night / pers.	150	150	150
Accommodation tent, 3x6 m, with flooring (10 people)	7 500	8 250	-
Accommodation tent, 3x6 m, extra night	700	700	-

Event management

Jakob Lööf
Thomas Almqvist
Lotta Lidman Almqvist

Course setters
Mattias Karlsson, Men's Relay
Lena Eliasson-Lööf, Women's Relay
Jesper Schüllerqvist, Youth Relay

Kontakt

Information: info2027@10mila.se
Event management: ledning2027@10mila.se
Competition: tavling2027@10mila.se
Training: traning2027@10mila.se
Accommodation: boende2027@10mila.se
Finance: ekonomi2027@10mila.se

SHAPING 10MILA

INTERNATIONAL EXPERIENCE BEHIND THE 10MILA COURSES

Mattias “Vagnis” Karlsson has experienced 10MILA many times as an elite runner. He was also a course setter for the planned event in Idre, which did not go ahead due to the pandemic. When the event comes to Västervik in 2027, he will be helping to set the courses — just over 30 years after being part of IK Hakarpspojkarna's winning team.

“It really is a dream come true to be able to stage a 10MILA in my home forests,” says Mattias. His personal connection to Horn comes from his grandmother, who grew up on a small farm a couple of hundred metres from the arena. Today, the family also has a summer cottage within the mapped area. He has run, trained and got to know these forests since he was young. Now the same terrain will challenge the world's elite and almost 10,000 runners as the 80th edition of 10MILA takes place in 2027.

“I know the area very well and understand its incredible potential. There's something special about these forests: the wilderness feel, the variety and, at the same time, how close they are to town. Many people have never orienteered in Västervik and are surprised to find this wilderness so close to the town,” explains Mattias.

An accomplished course setter
IKHP won 10MILA in Riala in 1995, the club's fourth victory in the men's relay. For Mattias, it was one of many major relay successes in a long career at the top of Swedish and international orienteering. His greatest national team achievements came in the early 2000s. At the 2003 World Championships in Switzerland, Sweden won the relay. It was a special World Championships appearance for Mattias, as the relay was the only event he ran. He managed to break away and put anchor runner Emil Wingstedt in a strong position. Niclas Jonasson ran the first leg, completing the team.

The following year, Mattias won long-distance silver at the World Championships on home soil in Västerås, as well as relay bronze. Another relay bronze followed at the 2006 World Championships. At the Swedish Championships, the longer distances were his particular strength. He won the event then known as the long distance in 1998, 1999 and 2002, and also took gold in night orienteering in 2002. That same year, he won a mass-start long-distance World Cup race in Idre.

MATTIAS “VAGNIS” KARLSSON

First club: Ankarsrums OK
10MILA: Winner with IK Hakarpspojkarna in 1995
World Championships gold: Relay, 2003
World Championships silver: Long distance, 2004
World Championships bronze: Relay, 2004 and 2006
Swedish Championships gold: Long distance, 1998, 1999 and 2002; night, 2002; relay, 2006
Course setting: Includes the 2016 Swedish Long Distance Championships and the 2025 World Cup in Idre

“Mattias acted as a sounding board for the course setting at the 2021 Swedish Ultralong Distance Championships, which used parts of the 10MILA 2027 area. The pandemic affected the event to some extent, and although participants praised the terrain, Mattias says 10MILA is something else entirely. “The night, the relay format and the pressure intensify everything. Small mistakes can be decisive straight away, and a really good 10MILA course should keep you uncertain all the way. You should never be able to relax. It should be technically, physically and mentally tough at the same time,” Mattias concludes.



Mattias with the gold-medal-winning team from 2003.

SHAPING 10MILA

INTERNATIONAL EXPERIENCE BEHIND THE 10MILA COURSES

Lena Eliasson-Lööf now represents Västerviks OK. In Tranås, she added another 10MILA appearance to her experience as a runner, while the women's team celebrated an outstanding second place.

In recent years, Lena has focused largely on relays, following many years competing for the national team. Her achievements include three individual World Championships bronze medals (sprint in 2007 and 2011, and long distance in 2013), two Venla Relay victories, three wins in the 10MILA Women's Relay and a European Championships relay gold in 2010 alongside Karolina A Höjsgaard and Helena Jansson.

"I've always enjoyed relays, but unfortunately I've only managed to earn a place in the national relay team on a few occasions. That's made it incredibly rewarding to compete internationally with my various club teams over the years, and 10MILA has been a major highlight of the spring," says Lena.

As a 22-year-old in 2003, Lena was already part of IKHP's second-placed team in the 10MILA Women's Relay. Her first 10MILA victory came in 2008 with Stora Tuna OK, when she broke away from a group towards the end.

Two more victories followed with Domnarvets GoIF, in 2013 and 2015. In 2015, Lena doubled up: as well as running the women's long daytime leg, she ran the final leg for the "Night Foxes", the international women's team that competed in the men's relay. Their coach was "Vagnis", with whom she is now setting the courses.



Lena running for Västerviks OK, who finished second at 10MILA 2026.

"It really is a challenge to combine courses you would want to run yourself with suitable forking and a timetable that has to be met," says Lena.

Lena has lived in Västervik since 2017. Orienteering is part of her life several days a week through her role as a youth coach and her involvement in the club as a whole.

"My enjoyment of the terrain and maps here in Västervik has helped keep me involved in orienteering in recent years. It's quite a luxury to have so much 'dream terrain on the doorstep', as I tend to put it. I'm incredibly happy that Västerviks OK is taking on the organisation of 10MILA, giving more people the chance to experience our forests and visit the wilderness so close to town. Of course, the prospect brings a mixture of excitement and apprehension, but that's exactly what I associate with relays. So all that remains is to say 'Welcome to the challenge in 2027!' — to ourselves as well as the participants," Lena concludes.

LENA ELIASSON-LÖÖF

First club: Nässjö OK

10MILA: Winner in 2008 with Stora Tuna, and in 2013 and 2015 with Domnarvets Golf World Championships bronze: Sprint, 2007 and 2011; long distance, 2013

European Championships gold: Relay, 2010

Swedish Championships gold: Middle distance, 2007; sprint, 2008; relay, 2014

Venla Relay: Two victories

Course setting: Swedish Ultralong Distance Championships in Västervik, 2021

THE WHOLE CLUB IS COMING ALONG!

IKHP AIMS TO RECREATE THE ATMOSPHERE OF 2022



Twelve teams in the men's relay, runners given a crash course in orienteering and participants finding their way back to the sport. IKHP's participation initiative at 10MILA 2022 left the club wanting more. Now its sights are set on 2027, with enjoyment and team spirit as the main driving forces.

Under the name IKHP 10@10, the club once again wants to bring together a large number of teams and get more people to run a leg at 10MILA. Stefan Sandahl, one of the people behind the initiative, stresses that it is about taking part together and having fun. The focus on performance should take a back seat.

The experience of Ånnaboda in 2022 shows what an initiative like this can mean. IKHP assembled twelve teams in the men's relay. Two teams had to retire, but the first eight IKHP teams finished within four and a half minutes of one another. Several participants also returned to the sport and club activities afterwards. It began with reaching out to people. Ahead of 2022, the organisers compiled a list of everyone who had run 10MILA in an IKHP team since 1994. The list grew to 250 names. Three runners from the club's interval training sessions were also given a crash course in orienteering so that they could each run a leg.

Start early — and make it easy to join in

One important lesson is to start talking about the initiative well in advance. The Facebook group from 2022 still has 250 members and will be a natural meeting point ahead of the next adventure.

Accommodation has already been secured too. Bengt Öhlund, another of the people behind the initiative, was quick to book 20 cabins at Västervik Resort. The event organiser is also helping with practical matters such as a large tent and electricity.

IKHP also wants to reduce the administrative barriers. One wish is for a simpler entry process for participants who are not already registered in Eventor or IdrottOnline. That would make it easier to welcome more people.

The minimum age for the club's initiative is 15, which normally means runners in W16 or M16. The aim is to help as many people as possible feel that there is a place for them.

A sporting classic to experience together?

IKHP's example raises a broader question: could 10MILA become a natural goal for even more active people in Sweden — a lifelong memory with the same appeal as En Svensk Klassiker and Finland's Jukola relay?

Perhaps it starts with a question to an old clubmate, a curious training partner or someone who does not think they are good enough: would you like to run a leg with us?

Ahead of 10MILA 2027, IKHP's message is simple. What matters most is not how fast you go, but doing it together.

Training packages for 10MILA 2027

Courses and training for the whole club — from juniors to seniors

 **13** training areas

 **CLOSE TO VÄSTERVIK**
Short journeys to all training areas.

 **A VARIED PROGRAMME**
Middle- and long-distance training—and, of course, relays.

 **NIGHT AND DAY**
Trainings for both daytime and night orienteering.



 **30 October 2026**
to
1–2 May 2027

A MAJOR TRAINING WEEKEND AT EASTER 2027!

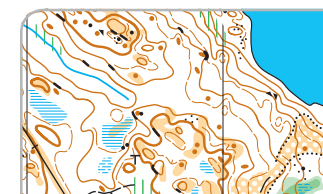
We aim to offer a major training weekend with several high-quality sessions throughout Easter 2027. One week before the start of the 2027 swedish relay season, and with five weeks to go until 10MILA, it will be the perfect start to the competition season.

A selection of our training packages — for more options and maps, visit 10mila.se



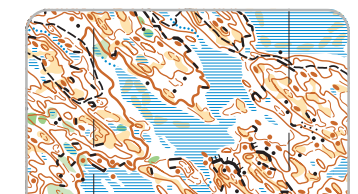
 **GRÄNSÖ**
Detailed coastal terrain with distinct hills and good visibility — ideal for precise technical orienteering.

Relay training



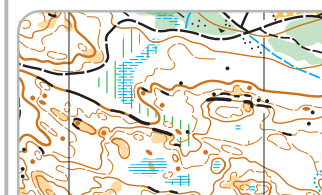
 **GÄDDEGLO**
Gäddeglo offers open, runnable forest, well suited to speed training and mass-start relay training.

Relay training



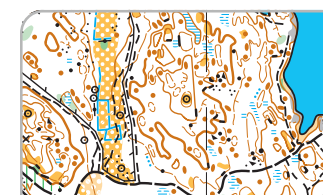
 **MÖRKEKÄRR**
Open forest with detailed sections and larger marshes, providing varied orienteering and changes of pace.

Long distance/intervals



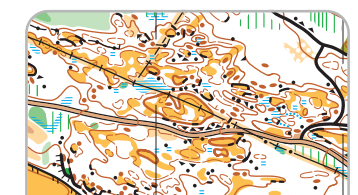
 **ÄPPELLUNDEN**
An area with varied runnability and relief, offering several route-choice options.

Middle distance



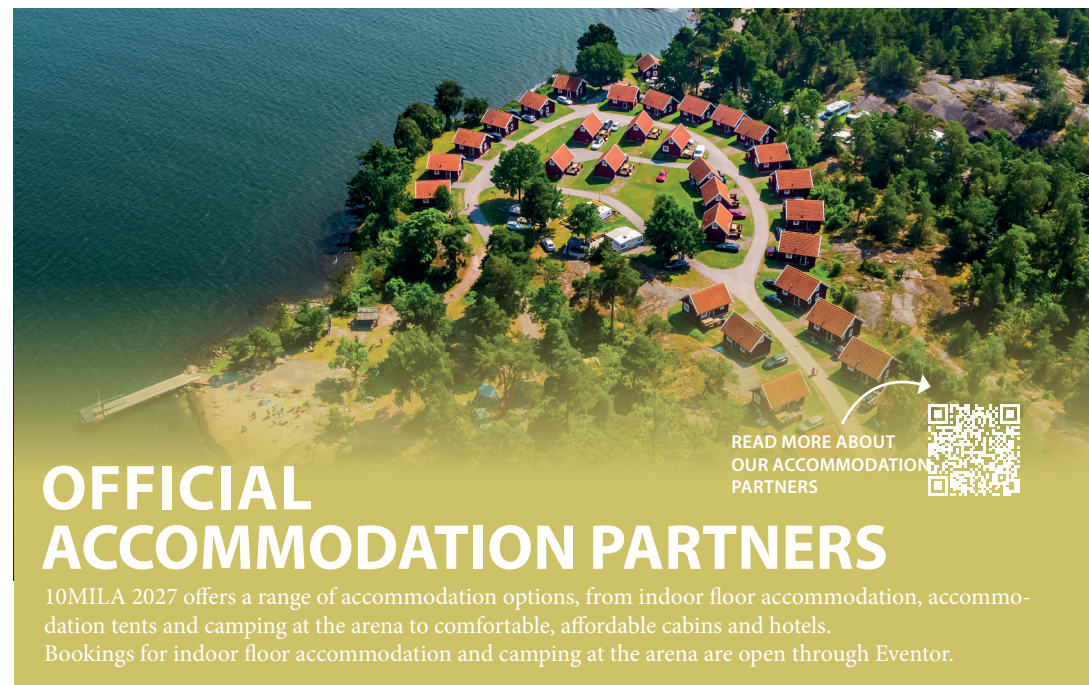
 **LILLÖN**
A small but attractive and technically demanding area, with intensive orienteering that calls for quick decisions.

Loops



 **VÄSTERVIK RESORT**
A varied area with a mix of open and denser sections, some with intricate detail. Run straight from your cabin.

Forked middle distance



OFFICIAL ACCOMMODATION PARTNERS

10MILA 2027 offers a range of accommodation options, from indoor floor accommodation, accommodation tents and camping at the arena to comfortable, affordable cabins and hotels. Bookings for indoor floor accommodation and camping at the arena are open through Eventor.

READ MORE ABOUT OUR ACCOMMODATION PARTNERS 

SEDAN 1933
VÄSTERVIK
RESORT

ASTRID LINDGREN'S VÄRLD
VIMMERBY

 **KustCamp**
EKÖN ★★★★★ GAMLEBY



Private accommodation listings - 10MILA, 1-2 May

Welcome to 10MILA's official Facebook group for anyone looking for accommodation during the event in Västervik in 2027. Accommodation is available during the event, but standards may vary. The earlier you book, the better your chances of finding something that suits your club's specific needs.

Would you like to rent out accommodation during 10MILA 2027?
Post your accommodation for rent in this group.

SCAN THE QR CODE TO
SEE CURRENT LISTINGS



Indoor floor accommodation

During 10MILA, we will offer around 1,500 indoor floor accommodation places. Accommodation is planned at two schools — Ellen Key-skolan and Ludvigsborgsskolan — as well as several sports halls and gymnasiums.

All facilities are of a good standard and located in Västervik. Together, they provide a coordinated accommodation solution that allows us to welcome large numbers of guests safely and comfortably.

For accommodation bookings, see 10mila.se and Eventor.



10MILA 2027 Partners



VÄSTERVIKS
KOMMUN

VÄSTERVIK
The archipelago city in Småland.

VÄSTERVIK.
FRAMÅT

SEDAN 1933
VÄSTERVIK
RESORT

VÄSTERVIK
Miljö Energi

BOSTADS
BOLAGET



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We support 10MILA in Västervik in 2027



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